

THE INNER DOG



POSITIVE SOLUTIONS FOR NEGATIVE BEHAVIORS

Enrichment Ideas for Your Dog

Dogs are scavengers, so:

- Use multiple objects you can stuff
- Feed your dog's meals from stuffed Kongs, etc.
- Hide the stuffed object so your dog seeks, finds, eats
- Hide the stuffed food objects outside on nice weather days
- Fill stuffed objects with tasty treats and combinations of things to play 'find it' games

Dogs are predators, so:

- Take a 'flat' toy, along length of strong rope or twine and a stick
- Tie one end the twine to the 'flat toy' and the other end to the stick
- 'Cast' the toy out, flick it around and get your dog to chase it
- Fetch is a great game; using different size balls also keeps the game interesting
- Play 'hide and seek', especially with several family members, inside of the house and out in the yard
- Use a Kong Wobbler so your dog has to use both physical and mental abilities to get the food inside

Dogs love to learn, so:

- Teach your dog tricks, be imaginative and teach lots of them
- Dance with your dog- check out Youtube for lots of videos on how to dance with your dog
- Buy a portable agility set or make one of your own; obstacle courses are also fun
- There are lots of dog puzzles now on the market- research and try them
- Teach dogs to calm themselves as well as how to release their energy; teach stay, settle, relax, go to your place, etc.
- Remember, the better the incentive, the more apt the behavior, the greater the reward for both you and your dog